

**10:00 + 10:03 JEUGD C**

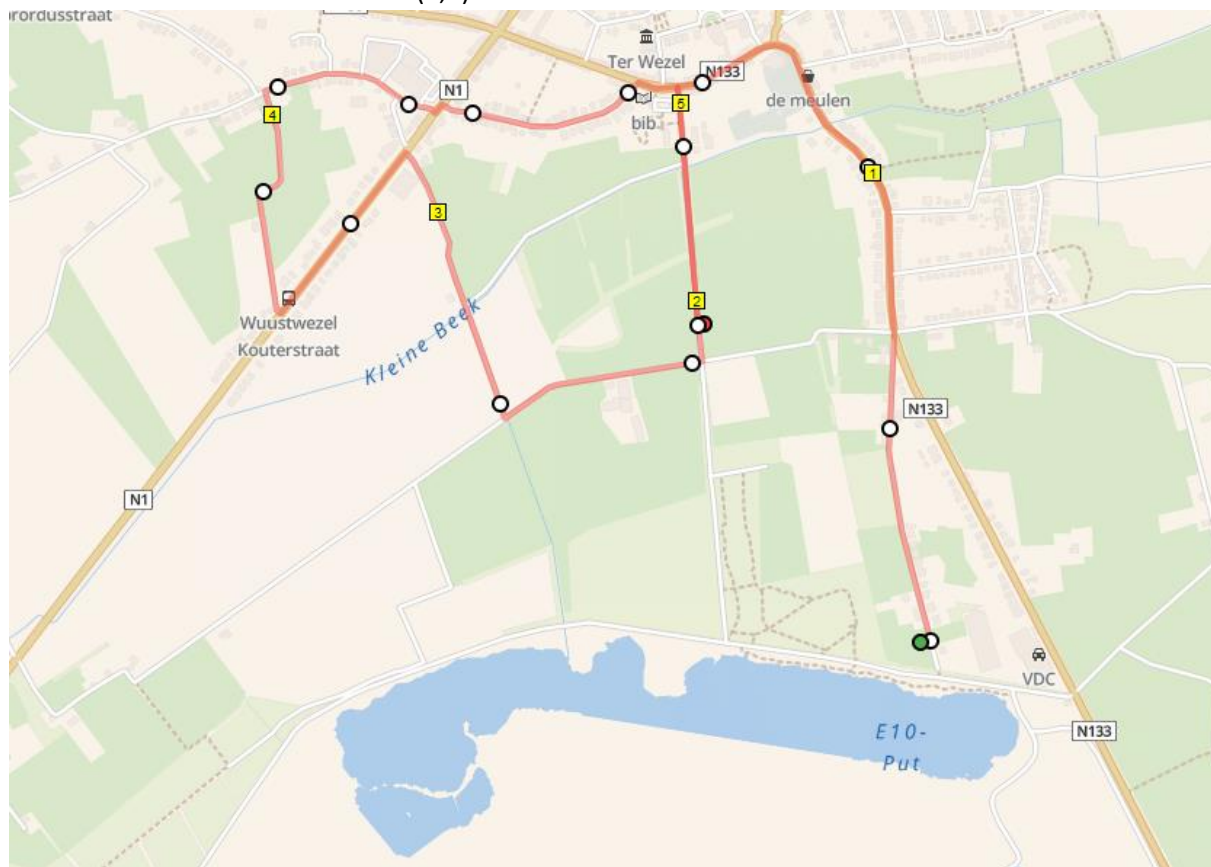
1 RONDE ZWEMMEN – 250 METER



SWIM > TA1



### 1 RONDE FIETSEN – 5 KILOMETER (5,4)



### 1 RONDE LOPEN – 1500 METER



**11:00 + 11:04 JEUGD B**

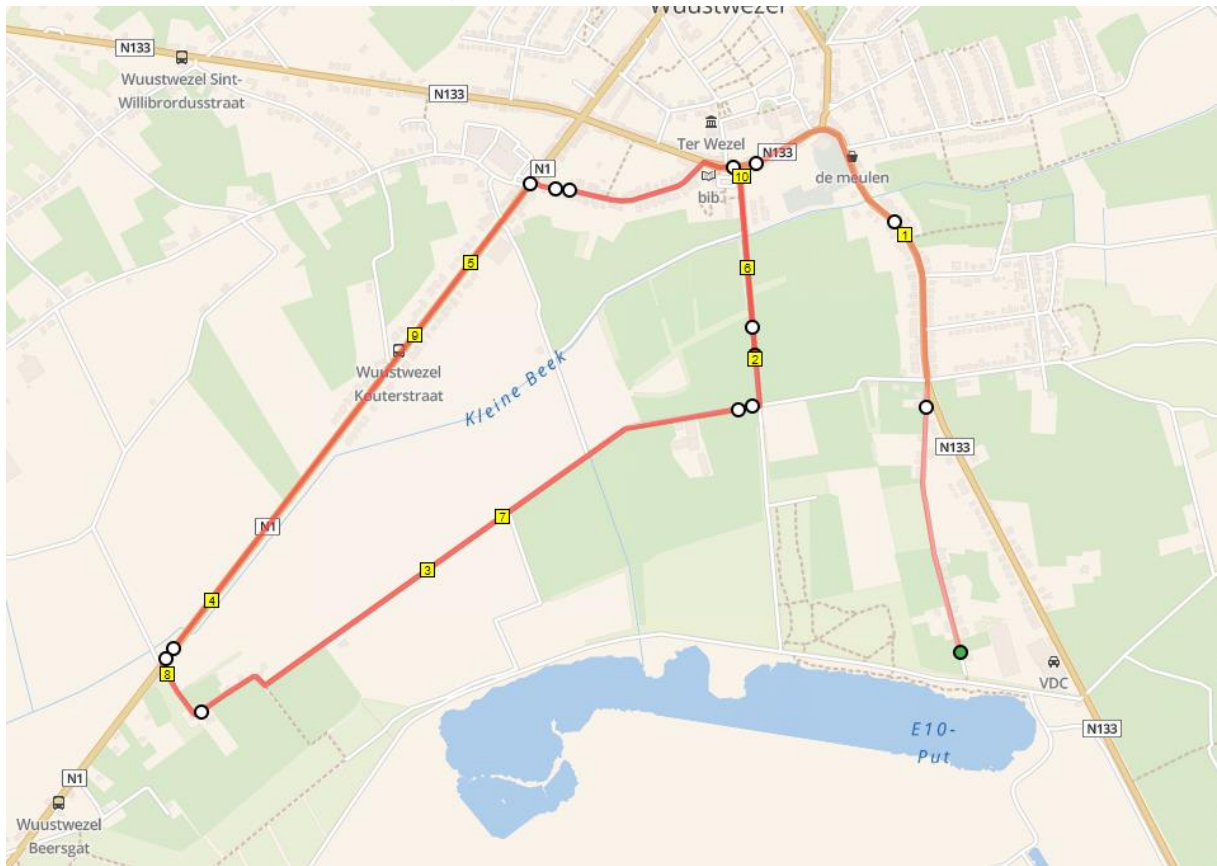
2 RONDEN ZWEMMEN – 500 METER



SWIM > TA1



## 2 RONDEN FIETSEN – 10 KILOMETER (10,4)

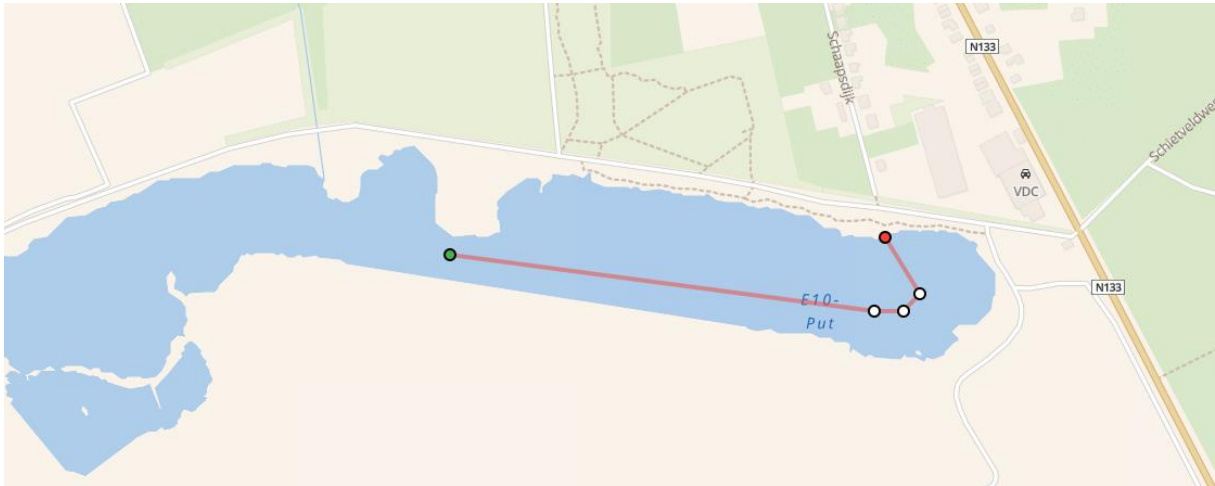


## 2 RONDEN LOPEN – 3000 METER



**12:00 + 12:05 JEUGD A / JUNIOREN**

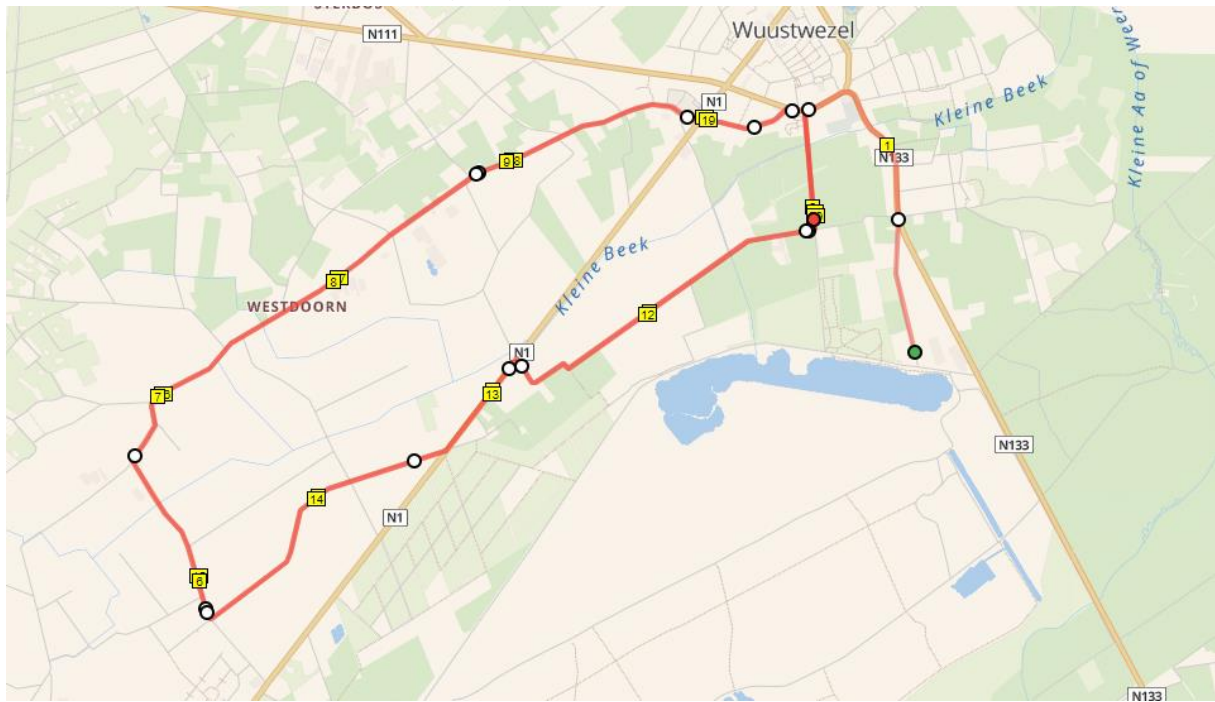
1 RONDE ZWEMMEN – 750 METER



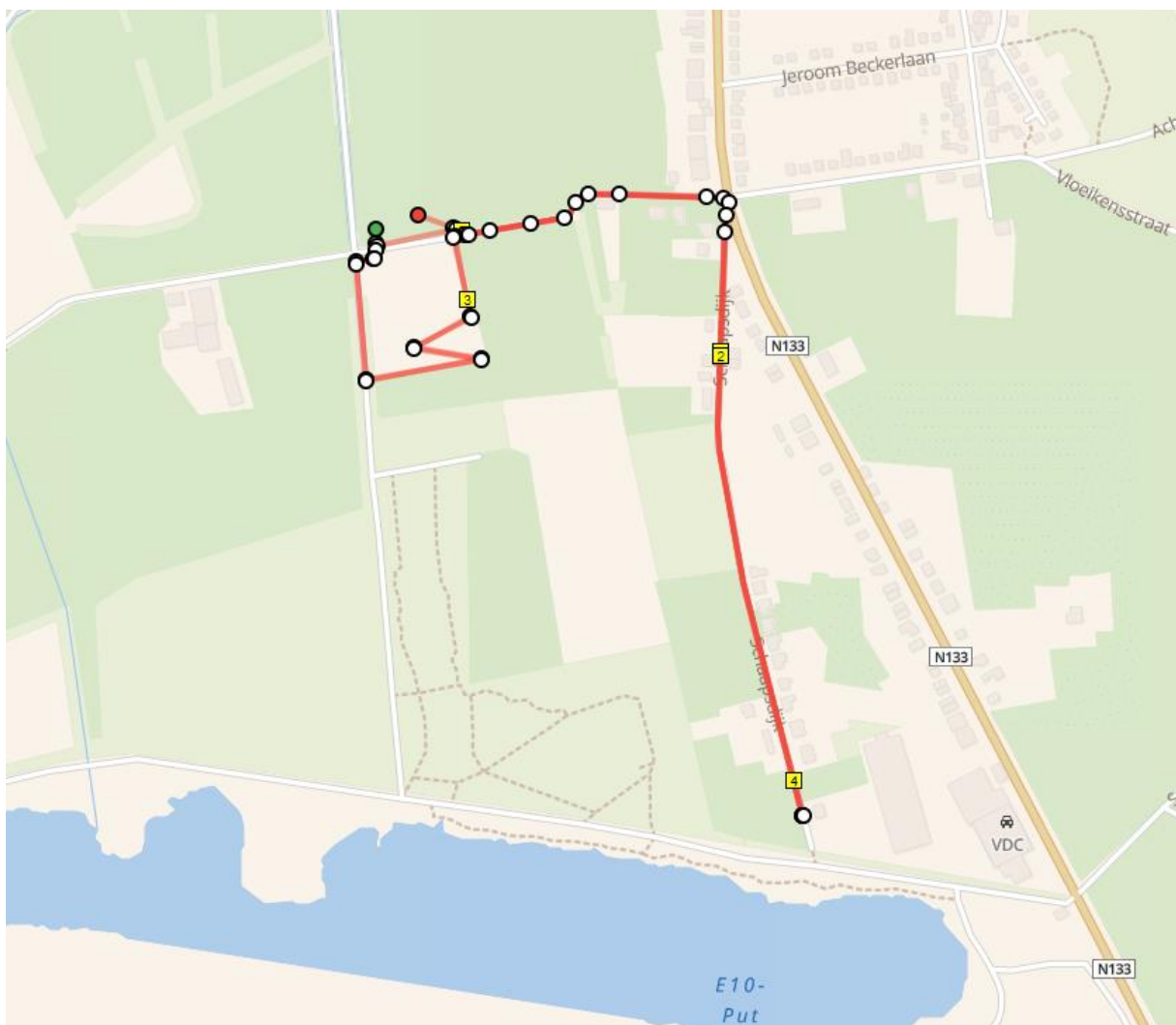
SWIM > TA1



## 2 RONDEN FIETSEN – 20 KILOMETER (10,4)



## 2 RONDEN LOPEN – 5000 METER



**13:30 TRIO TRIATLON**

1 RONDE ZWEMMEN – 375 METER



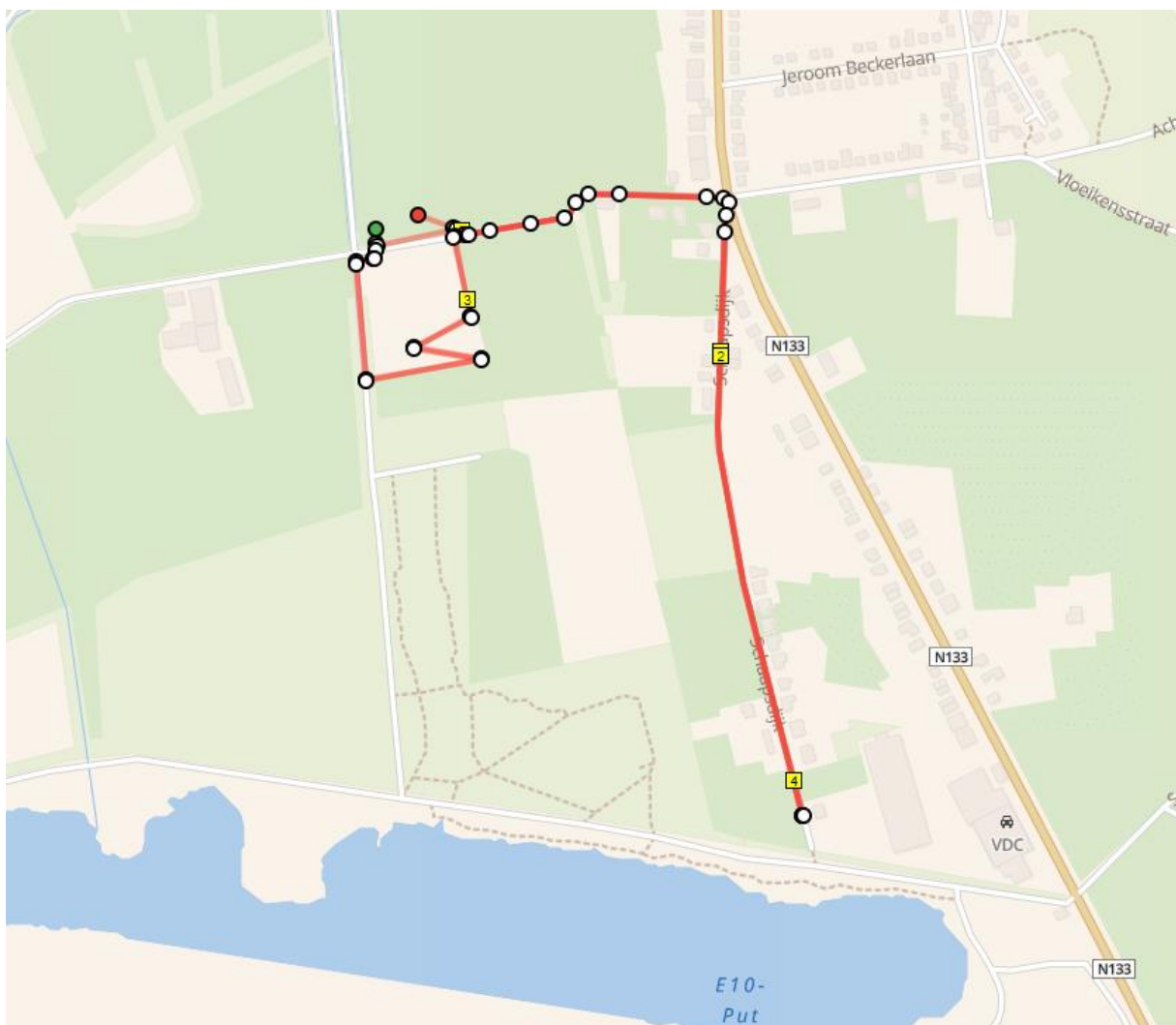
SWIM > TA1



## 2 RONDEN FIETSEN – 20 KILOMETER



## 2 RONDEN LOPEN – 5000 METER





**17:00 KIDSRUN**

0 – 6 JAAR: 1 RONDE = 300 METER

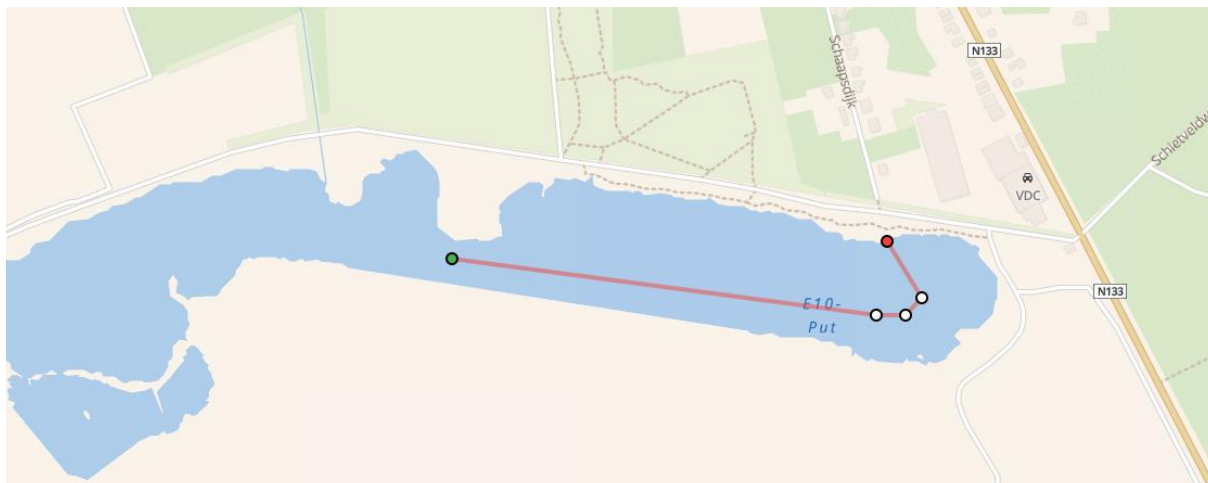


7 – 12 JAAR: 1 RONDE = 850 METER



**18:30 INDIVIDUEEL 1/8<sup>e</sup>**

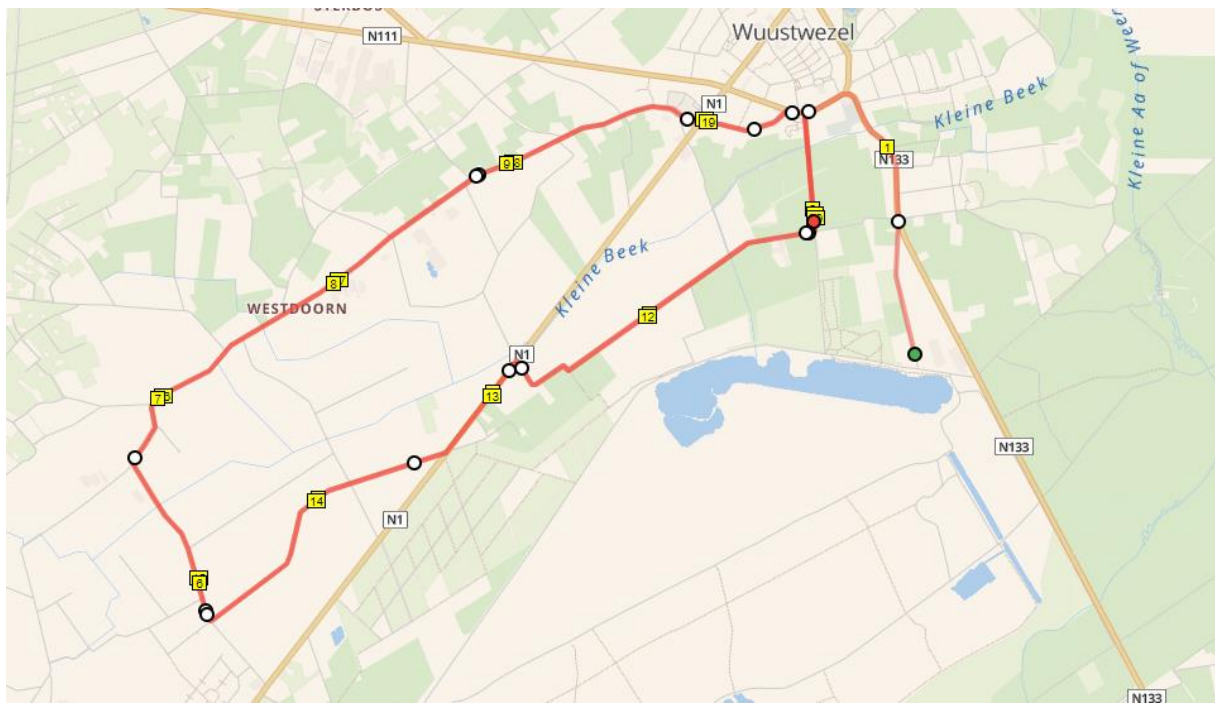
1 RONDE ZWEMMEN – 750 METER



SWIM > TA1



## 2 RONDEN FIETSEN – 20 KILOMETER



## 2 RONDEN LOPEN – 5000 METER

